



CRIMINON

F L O R I D A

STELLAR
NEWS

CRIMINON MEANS "NO CRIME" | REHABILITATION IS POSSIBLE

3RD QUARTER 2024



Criminon Florida...

is part of an international non-profit network dedicated to helping inmates learn to be productive members of society.

Help others climb back up towards a life of hope and positivity

ONWARDS AND UPWARDS!

Don't accept a steady decline; reverse the downward spiral!

Taking the first step on the path to self-betterment is often difficult; in a recent Stellar Newsletter entitled "Ready, Set... Start!", we wrote: "The hardest part of doing anything is STARTING."

It can also be difficult for many because they fear change; they don't want to upset the way things are. Even if things are bad, they prefer to keep the "status quo" (definition: "current state of things") because it seems much safer and easier.

But as L. Ron Hubbard wrote, *"This universe does not admit of a static state... There isn't anything that always remains the same."* In other words, things get better or they get worse. It's as simple as that.

In prison, it's easy to let one's existence slowly decline. But things do NOT have to get steadily worse because one is incarcerated. As recent Stellar Michael N.

says, "Change is hard, but we are worth it." By accepting every offer of help and seizing every chance to learn, one can tip the scales and get one's life back on an upward spiral.

As a Stellar Student, you have experienced the positive changes the Criminon program can bring when you apply what you've learned to your daily life. With a rekindled enthusiasm for living, many of you have enjoyed great success in other fields. Read "Words from the Wise" (page 3), to see what Stellar Jack T. has achieved while in prison.

Those around you may have given up and accepted the slow, steady decline of their existence.

Help your fellows realize they can reverse the downward spiral and climb back up towards a life of hope and positivity by starting the Criminon program today! - **The Criminon Florida Team**





SUCCESSSES FROM THE WORLD OF STELLAR STUDENTS

TOOLS TO REMEDY DIFFICULT SITUATIONS

These courses were chock full of everyday useful tools. I felt myself applying them everyday to remedy different situations that would have been difficult in the past. I am most thankful for the information I have gained and applied to my life. I will use these tools daily for the rest of my life and teach them to others. Thank you. | **James S.**

TOOLS FOR A SUCCESSFUL LIFE

When I came to prison with a 9 year sentence it became clear: I HAD to change. Coming back was not an option. I could waste my time blaming others, feeling sorry for myself, or by acting the same way. I decided to use this time to better myself, educate myself, challenge myself. Criminon has helped me in so many ways over the past 4 years. They gave me tools to be successful in all areas of my life. I have kept all my materials and review them. Most importantly, I apply the teachings to my life. If you truly want it, Criminon

will be an important asset in your life. Change is hard but we are worth it. Thank you, Criminon. | **Michael N.**

LIFE-SAVING INFORMATION

The old adage “You can never stop learning”, stands true. And one should always try to keep on learning. Even an old dog can learn new tricks. I recall a statement in a Criminon course, which said: “This information could save your life.” This is an important statement and so many people do not know, let alone apply, the concepts related to it. The recent mail from Criminon says one out of forty accomplish the position I’m now in: that of Stellar Student. It makes me wonder, what of the other thirty-nine who didn’t clear words? Some may well have met their demise. Some might do so in the future. But very important is the takeaway that there are some compassionate people in the world. A big shout-out to Criminon! | **Andy A.**

THERE ARE NEW BEGINNINGS

Being in prison for years has the eroding effect of making one think that change is useless and that becoming a better human being is only for those in the free world. I have learned differently through the Criminon courses. There are new beginnings. There are second chances and plenty of opportunities because only the sky’s the limit towards our goals in life. By staying drug-free, studying right, recognizing our surroundings and using our gifts and talents to help others, this will always keep us on the road to happiness.

| **Ricardo F.**

A MOMENTUM TO ACHIEVE MORE

My goal to complete every course in the Criminon program was met with many adversities, from transfers to confinement. Today my persistence was rewarded with a Stellar Student Certificate. I will use this achievement as a momentum towards other achievements. From now on, I will be known as someone who finishes a task strong. | **Steve M.**



TOP STELLAR PLAYERS

Well done to all this quarter’s players. Keep up the great work of getting others to improve their lives by starting on The Way To Happiness Course. Special congratulations to the six highest scoring players!

Robert F. 985
Jason S. 300

George B. 155
Terrance H. 145

Nathaniel C. 105
James K. 105



STELLAR STUDENTS

Very well done to all of the students listed here for becoming a Stellar Student this quarter!

Andrew A.
Gary J.

Gregory W.
James S.

Jesse S.
Michael N.

Thomas M.



CAT'S CORNER

Jack T.'s remarks about fear in "Words from the Wise" bring to mind this quote by Mr. L. Ron Hubbard: *"Inaction and indecision in the present is because of fear of consequences of the future."*

How often have you allowed yourself to be stopped by the mental roadblock of indecision which leads to procrastination, instead of dealing with your problem? This situation of doubt is a specific condition and can cause a great deal of stress while potentially ending in "no decision"; "What if this?" "What if that?"

"Making a decision to change has to come from within", comments Jack T. While seeking advice or guidance from others can be valuable, it's important to develop the confidence to make your own

decisions, those which align with your personal goals, values, and circumstances.

Uncertainty causes inaction, so if you fear change and do nothing, things either get better or they get worse; they never stay the same (as explained in the article "Onwards and Upwards!")

In the *Conditions of Life* course, you study the various conditions of existence, understand which one you are in, and learn what you must do to progress from one condition to another. If you find yourself in the condition of doubt, for example, this course will help you move from inaction to action. The lessons are newly revised for better understanding and more effective use in life.

=^..^=

Cat

WORDS FROM THE WISE

Twenty-three and a half years ago, I allowed addiction to spiral my life out of control. I destroyed everything and every opportunity I had.

I heard about Criminon from a prisoner who said it would make a difference. Making a decision to change has to come from within. I took that first step, started *The Way to Happiness*, and there has been no turning back for me. Criminon has been a key factor in my life-changing journey, every tool in its courses a life saver.

I nearly gave up. Why should a man sentenced to 143 years care? Then I realized; I can't allow fear to win. Fear of never going home, of being killed by another prisoner or a guard, or by disease, before making it to court. I had to conquer my fears.

Now I can proudly say that, with 146 certificates and a college degree earned since my incarceration, I can't wait to go home and be the most productive citizen I can be.

- Jack T.



We want to hear from you!

Tell us about your wins and successes.
Write us at Criminon Florida:
PO Box 2396 Clearwater Florida 33757



THE WAY TO HAPPINESS

HOW TO PLAY

The name of the game is getting new students onto and using the precepts of *The Way to Happiness* distance learning course. It's a win-win situation. You win, the students you enroll win, and others in your institution win too. YOU can make a difference in someone else's life!

- Signing up students is the first step. Choose people you think are ready for a change. Tell them about how much your life has changed since you started on the Criminon program, and in particular your wins from *The Way to Happiness* Course. Do they want changes in their life too?
- Give him/her one of the enclosed yellow course request cards. They can also write a letter requesting the course. A new student must be the one requesting to start *The Way to Happiness* Course. You cannot fill out a card and request it for him or her. **Remember, only give out yellow cards to NEW students, NOT to those already on the program.**
- Follow up with this person to make sure they received *The Way to Happiness* book and course materials. Make sure they are doing the lessons and sending them in. Completing the course is what we are going for, so they can apply the material to change their lives. Some may need extra help understanding the material. Many need reminders of how valuable the course is, and how important it is to keep sending their lessons in.
- Once we receive a request card or letter with your name on the referred-by line, you get 15 points for a sign-up. The office then sends materials out to your student. When their first lessons come into the office, you get another 35 points and when they complete the course, you get 50 additional points for a total of 100 for each student who completes.
- All your referred students and earned points are tracked and reported each quarter. There is no carry over from one quarter to another. Everyone starts the game with zero points at the start of a quarter.
- When 3 or more students you refer send in their first lesson, you will receive a commendation from Alison at the end of the quarter.
- When you need more yellow cards, just write to Eddie and ask for more. They are easy to hand out to others who fill them out and just drop them in the mail. Be sure to put your name on the bottom line (referred by). If you can't use the cards, ask your librarian or chaplain if you can put them out for others to pick up, or if you can post them on a bulletin board. **YELLOW CARDS ARE FOR SIGNING UP NEW STUDENTS ONLY.**

WHERE ARE THE MOST STELLARS?

Here are the institutions with 10 or more Stellars. Annexes and work camps are grouped with the corresponding CI. There are 510 Stellars in Florida and 90 of you in 15 different states other than Florida. **STELLAR POWER — HELP MAKE MORE.**

Everglades CI.....	78	Graceville CF.....	20	Zephyrhills CI.....	11
Union CI.....	27	Santa Rosa CI, Annex.....	18	Blackwater River CF.....	10
Marion CI, WC.....	27	Jefferson CI.....	17	De Soto Annex, WC.....	10
Tomoka CI, WC.....	26	South Bay CF.....	16	Century CI.....	10
Madison CI, WC.....	21	Hardee CI, WC.....	14	Taylor CI, Annex.....	10
Sumter CI, Annex, WC.....	20	Liberty CI.....	12		
Graceville CF.....	20	Columbia CI, Annex.....	11		
Santa Rosa CI, Annex.....	18	Dade CI.....	11		



STELLAR PLAYERS (JUL - SEPT 2024)

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Alexandra T.	15	0	0	15
Allen C.	15	70	0	85
Andres F.	0	35	0	35
Antonio M.	0	35	50	85
Benjamin S.	15	35	0	50
Cedric J.	15	0	0	15
Christopher S.	0	0	50	50
Christopher W.	15	35	0	50
Colby M.	15	35	0	50
Daniel F.	15	0	0	15
Derrick G.	0	35	50	85
Derrick V.	15	0	0	15
Donald D. W.	15	0	0	15
Dorian M.	0	35	0	35
Earl F.	15	0	0	15
George B.*	0	105	50	155
Geronimo C.	15	0	0	15
James C.	30	0	0	30
James K.	0	105	0	105
James S.	15	0	0	15
James T.	0	35	0	35
Jarvis T.	0	35	0	35
Jason C.	0	35	0	35
Jason S.*	75	175	50	300
John P.	0	35	0	35
Kenneth J.	15	0	0	15
Kevin B.	30	35	0	65
Kevin G.	30	0	0	30
Linell F.	0	35	0	35
Luc P.	45	35	0	80
Luis C.	0	0	50	50
Marcus S.	15	0	0	15
Mark G.	0	35	0	35
Nathaniel B.	0	35	50	85
Nathaniel C.*	0	105	0	105
Paul T.	0	35	0	35
Randy M.	15	0	0	15
Richard B.	15	35	0	50
Ricky N.	0	35	0	35
Robert C.	0	35	0	35
Robert F.*	375	560	50	985

Stellar Name	TWTH Requests in (15 pts each)	Lessons in (35 pts each)	TWTH Comps. (50 pts each)	Total Points
Robert H.	0	35	0	35
Robert W.	0	35	0	35
Ronald R.	15	35	0	50
Shalandrea F.	15	0	0	15
Shavar S.	0	35	50	85
Stuart D.	0	35	0	35
Terrence H.*	75	70	0	145
Thomas A.	0	0	50	50
Urbano T.	15	0	0	15
Vasten B.	15	35	0	50
William S.	0	35	0	35
William S.	30	35	0	65